



## Hope Behind Bars: Providing Services to Incarcerated Survivors

May 28, 2014  
11am – 12: 30pm PDT



---

---

---

---

---

---

---

---

### Today's Moderator



**Carolina Aparicio**  
Communications Officer  
Just Detention International



---

---

---

---

---

---

---

---

### Mission and Core Goals

JDI is a health and human rights organization that seeks to end sexual violence in all forms of detention.

**Core goals:**

1. To hold government officials accountable
2. To change public attitudes about sexual violence behind bars
3. To ensure survivors get the help they need



---

---

---

---

---

---

---

---

## Special Thanks

This project is supported by Grant No. 2011-TA-AX-K030, awarded by the **Office on Violence Against Women**, U.S. Department of Justice.



The opinions, findings, conclusions, and recommendations expressed in this webinar are those of the presenters and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



---

---

---

---

---

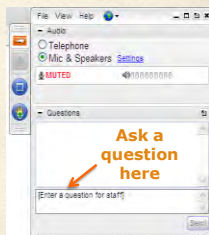
---

---

---

## Webinar Logistics

- Use the **question box** to submit questions or comments
- An archive of this webinar will be emailed to you in the next few days
- It will also be posted on the JDI website:  
[www.justdetention.org/advocate-resources](http://www.justdetention.org/advocate-resources)



---

---

---

---

---

---

---

---

## Webinar Agenda

- I. Guiding Principles
- II. Hospital Accompaniment
- III. Hotline Services
- IV. Inmate/Resident Correspondence
- V. In-Person Services
- VI. Adapting Interventions and Safety Planning
- VII. Questions and Answers



Photo credit: California Department of Corrections and Rehabilitation



---

---

---

---

---

---

---

---

## Guiding Principles

---



**Linda McFarlane**  
Deputy Executive Director  
Just Detention International



---

---

---

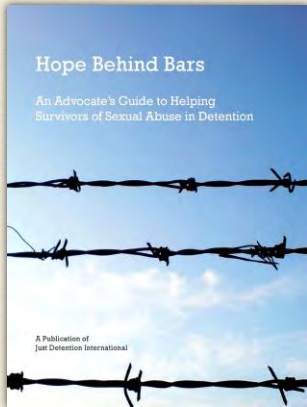
---

---

---

---

---



---

---

---

---

---

---

---

---

## Survivor Story: Joe

---



---

---

---

---

---

---

---

---

## Take a Non-Judgmental Approach

- Remember that an inmate is a complex person and worthy of respect
- Be open-minded
- Avoid discussing the inmate's criminal case



Jan Lastocy, JDI Survivor Council member and Board member, with an advocate in Ohio



---

---

---

---

---

---

---

---

## Be Patient, Consistent, and Persistent

- Inmates and residents may see the advocate as their only safe person
- It takes time to build trust
- Any session could be your last



---

---

---

---

---

---

---

---

## Remind Survivors That They Are Not Alone

**Incarcerated survivors often feel hopeless because they:**

- Are often punished for 'acting out'
- Are isolated from support networks
- Have no control over their environment



---

---

---

---

---

---

---

---

## Trust Your Expertise

- Rape crisis advocates already work with a diverse group of clients
- The survivor-centered model works for everyone
- Support services should be tailored to meet the specific needs of the client



---

---

---

---

---

---

---

---

## Professional Boundaries

### Advocates should:

- Be clear about their roles, boundaries, and limitations of services
- Expect inmates and residents to ask for help with things that are unrelated to sexual abuse
- Learn facility guidelines about interactions with inmates and residents



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

## Hospital Accompaniment

The PREA standards reinforce the right of survivors to have advocate present during:

- Forensic exams
- Law enforcement interviews



---

---

---

---

---

---

---

---

## Hospital Accompaniment

The advocate's role is to:

- Provide support, comfort, and information
- Help maintain privacy
- Prepare the survivor to return to the facility



---

---

---

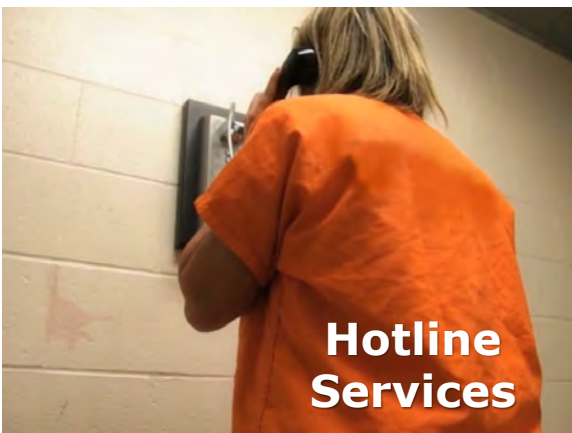
---

---

---

---

---



---

---

---

---

---

---

---

---

## Hotline Services

---

### The PREA standards require facilities to:

- Attempt to enter into written agreements with rape crisis agencies
- Allow survivors access to advocates in as confidential a manner as possible
- Provide an outside, third-party reporting mechanism for inmates



---

---

---

---

---

---

---

---

## Tips — Hotline Services

---

- Train advocates on the backgrounds, needs, and concerns of survivors
- Be clear about confidentiality
- Work with a corrections point person
- Develop a protocol for handling reports and off-topic or prank calls



---

---

---

---

---

---

---

---

## Story from the Field

---



**Deana Buri**  
**Deputy Director, Client Services**  
The Rape Crisis Center  
San Antonio, TX



---

---

---

---

---

---

---

---

# Written Correspondence



---

---

---

---

---

---

---

---

## Written Correspondence

### The PREA standards require facilities to:

- Allow survivors access to emotional support from a qualified rape crisis advocate
  - By providing a phone number or address
  - Ensuring all services are as confidential as possible
- Provide an outside, third-party reporting mechanism for inmates



---

---

---

---

---

---

---

---

## Tips — Written Correspondence

- Handle letters as you would a hotline call
- Send letters via confidential legal mail
- Be mindful of exceptions to confidentiality
- Use simple, clear language, and a respectful tone
- Provide resources, support, information, and referrals



---

---

---

---

---

---

---

---



## Story from the Field

---



**Desiree Magsombol**  
Program Officer  
Just Detention International



---

---

---

---

---

---

---

---

## In-Person Services



---

---

---

---

---

---

---

---

## In-Person Crisis Services

---

### The PREA standards require facilities to:

- Allow survivors access to emotional support from a qualified rape crisis advocate
- Provide an outside, third-party reporting mechanism for inmates



---

---

---

---

---

---

---

---

### Tips — In-Person Crisis Services

---

- Follow agency and facility rules and regulations
- Check in with a designated corrections staff person
- Learn the layout of the facility



---

---

---

---

---

---

---

---

### Tips — In-Person Crisis Services

---

- Use discretion to ensure survivor confidentiality and privacy
- Be prepared to overcome disruption in services
- Have a plan to address attempts of suicide or self-harm
- Make a plan for follow-up care in the community



---

---

---

---

---

---

---

---

### Story from the Field

---



---

---

---

---

---

---

---

---

## Adapting Interventions

- Recognize the triggers in a corrections environment
- Work with survivors on:
  - Realistic, self-contained coping methods
  - How to access available resources



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

## Safety Planning

### Working with survivors, advocates should:

- Help identify and assess threats
- Review what the survivor has already done
- Explain how the survivor can file a report
- Create a list of people and places to go to for help
- Discuss what to do in an emergency



---

---

---

---

---

---

---

---

## Safety Planning

### Ways to advocate for survivors' safety:

- Follow up on grievances
- Contact medical or mental health staff about treatment
- Inquire about the status of the investigation
- Reach out to the PREA Coordinator or head of the facility



---

---

---

---

---

---

---

---

## Story from the Field



---

---

---

---

---

---

---

---

## Advocate Resources

- Advocates Manual

- SART Toolkit
- Archival Manual
- Technical Request
- PREA Resource Center:

prearesourcecenter.org

**Advocate Resources:**  
[www.justdetention.org/advocate-resources](http://www.justdetention.org/advocate-resources)



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

### Upcoming Webinar

---

**Wednesday, June 25, 2014**

*On The Inside:  
The Logistics of Providing  
Services Behind Bars*

**11:00 AM-12:30 PM (Pacific)**



---

---

---

---

---

---

---

---

### Thank you for joining us today!

---

Please complete a brief evaluation of today's webinar. Your feedback is very important to us.

Here is a link to the evaluation (we will also email it to you shortly):

**<http://www.justdetention.org/en/hope-behind-bars-evaluation.aspx>**

Please also forward it to anyone else who may have joined you.

**THANK YOU!**



---

---

---

---

---

---

---

---

## For More Information

---


For additional information, please visit JDI's Advocate Resource page: [www.justdetention.org/advocate-resources](http://www.justdetention.org/advocate-resources)

Direct questions to: [info@justdetention.org](mailto:info@justdetention.org)

---

For more information about **Just Detention International**, visit [www.justdetention.org](http://www.justdetention.org).

Connect with JDI:

 [www.facebook.com/JDIonFB](http://www.facebook.com/JDIonFB)

 [www.twitter.com/justdetention](http://www.twitter.com/justdetention)



---

---

---

---

---

---

---

---